

HAPPY
WEDNESDAY

HI THERE,

**WELCOME TO THE NINTH ISSUE OF
HAPPY WEDNESDAY MAGAZINE.**

IT'S ABOUT BANQUET.

**DESIGN and LAYOUT by
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TITLE: BANQUET INTIME

DESIGN: MUSTA FIOR



Sopa a la Reina



IMMUNACE

vitabiotics

BETHNAL GREEN

you begin to appreciate it
when they begin to die





TITLE: MEAT

ILLUSTRATION: ANA BENITEZ

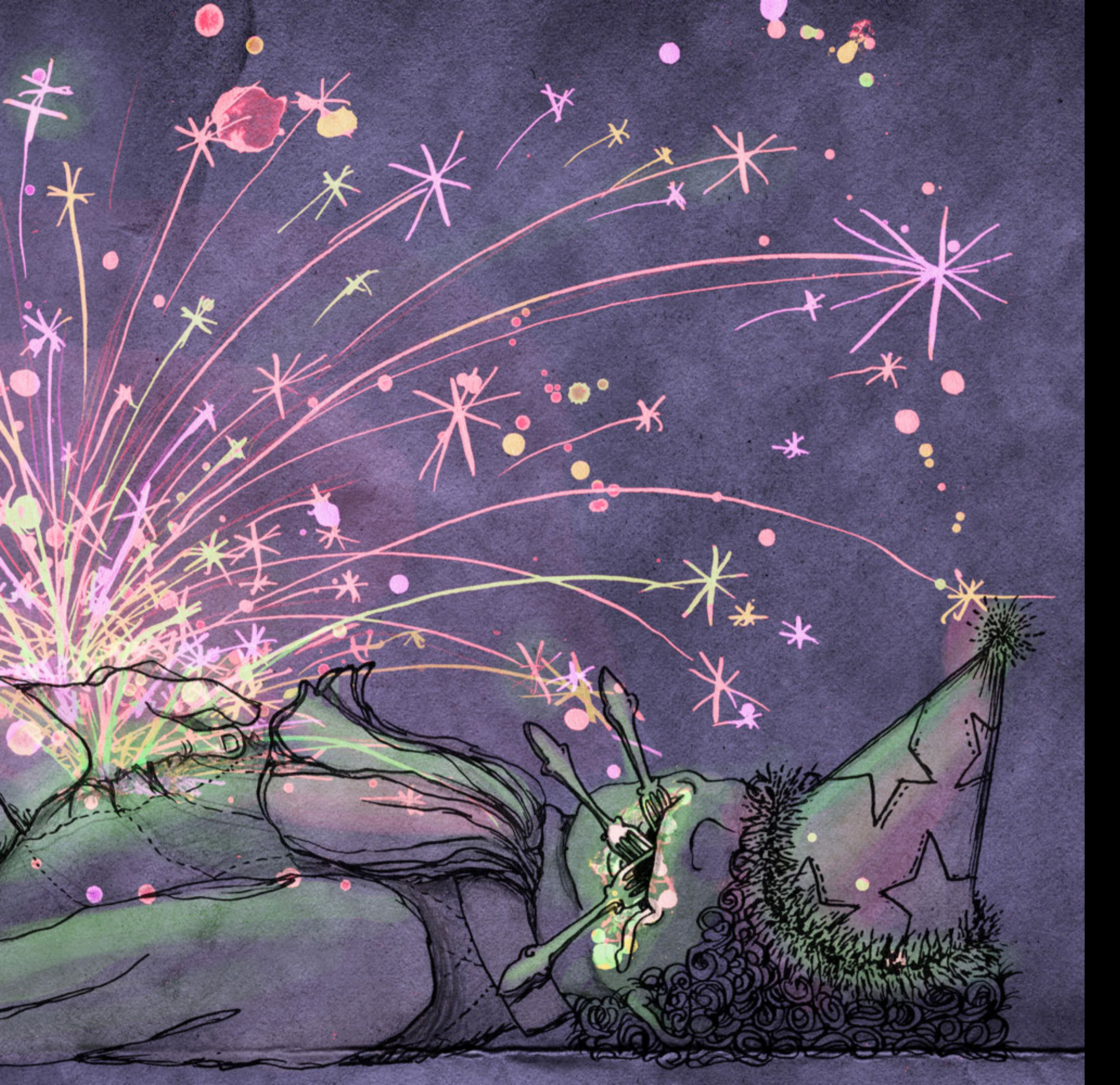




TITLE: FIREWORKS

ILLUSTRATION: BARBARA ANA COMEZ







TITLE: CAUSE NOT EVERYONE UNDERSTANDS BANQUET IN THE SAME WAY

PHOTOGRAPHY: MIRIAM BAEZ

GMS 1449 B



B1



B2



B3



B4



B5



B6



B7



B8



B9



TITLE: BANQUET

ILLUSTRATION: LUISA SIERO



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CHRISTMAS BANQUET Christmas is a time of year dominated by FOOD

6,000 calories
consumed by an average adult on Christmas day

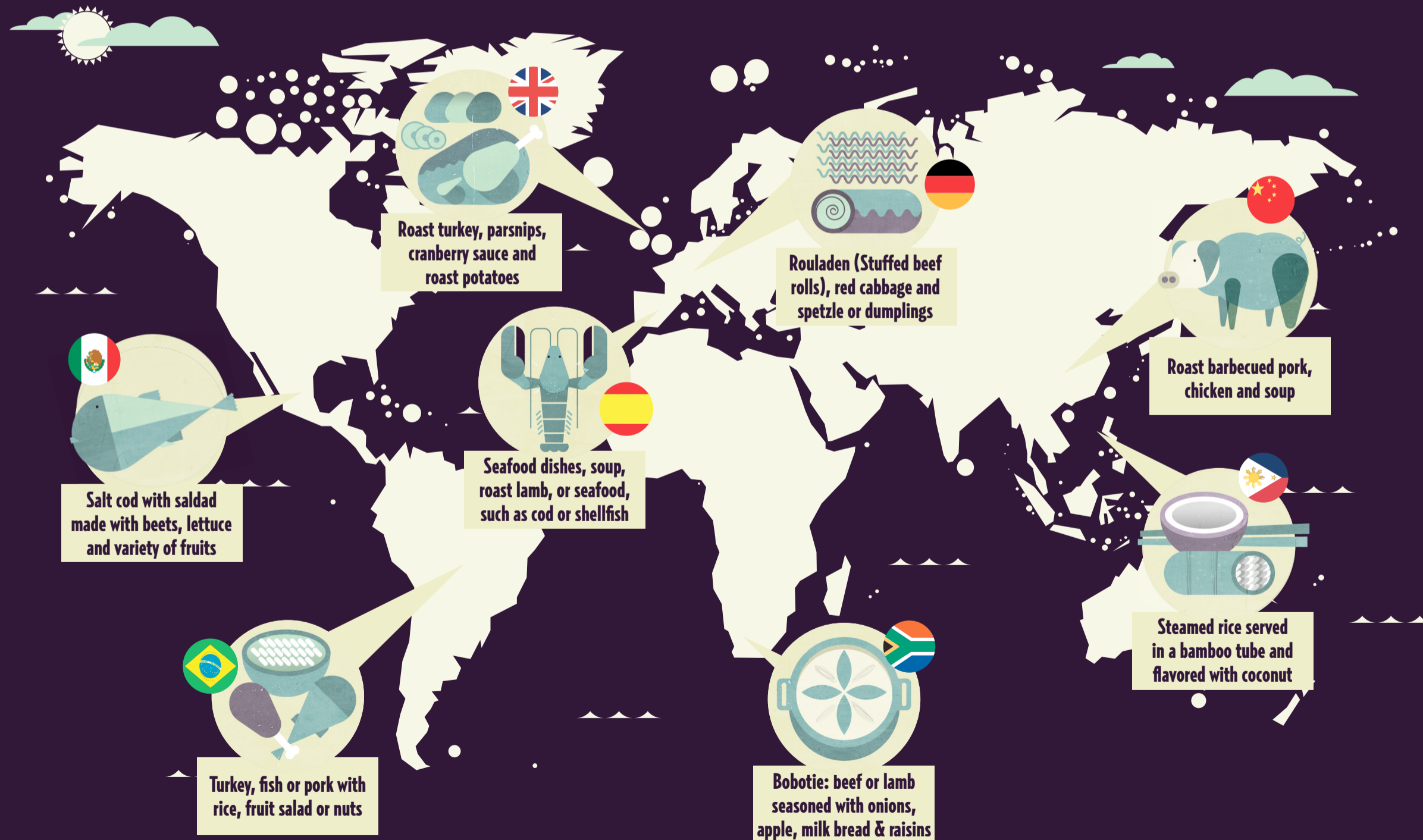
2,500 calories
recommended GDA

The UK spends on food and drink at Christmas per year
£1,600,000,000

On average, people gain **2kg** over Xmas

400,000 people become sick each year from eating tainted Christmas leftovers.

TYPICAL BANQUETS AROUND THE WORLD



BANQUET IN THE UK

ROASTED TURKEY

19,000 tonnes of turkey eaten every Christmas in the UK



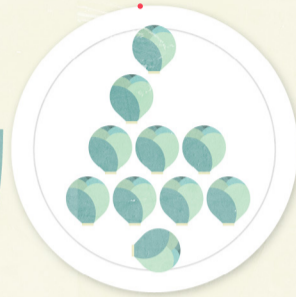
ROASTED POTATOES

120,000 tonnes of potatoes eaten every Christmas in the UK



BRUSSELS SPROUTS

frost hardy, so would be available fresh even in the hardest winters



MINCE PIES

eat a mince pie on each of the Twelve Days of Christmas will bring 12 happy months in the year to follow

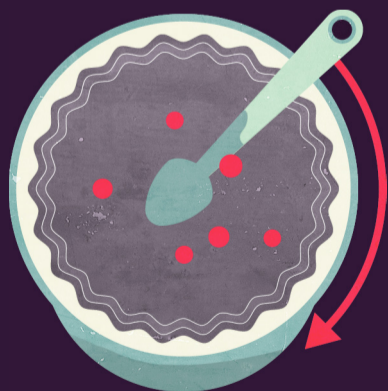


35,000 tonnes of wine are consumed in the UK during Christmas



PIGS IN A BLANKET

small sausages wrapped in bacon. People traditionally serve them as Christmas dinner appetizers



A wish made while mixing the Christmas pudding will come true only if the ingredients are stirred in a clockwise direction

PARSNIPS

are one of our best winter vegetables and bring a wonderful sweetness to the meal



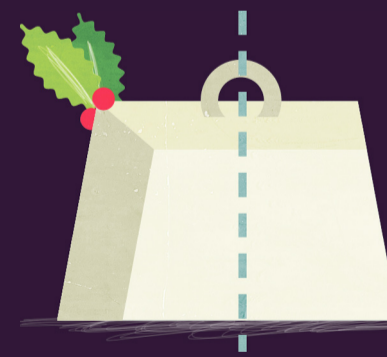
A traditional Christmas dinner in early England was the head of a pig prepared with mustard



According to a study, cooking Christmas dinner is so tricky, it takes us 47 years to perfect

CHRISTMAS PUDDING

£48 million are spent in Christmas pudding in the UK



The average Brit will gain up to half a stone over the festive period

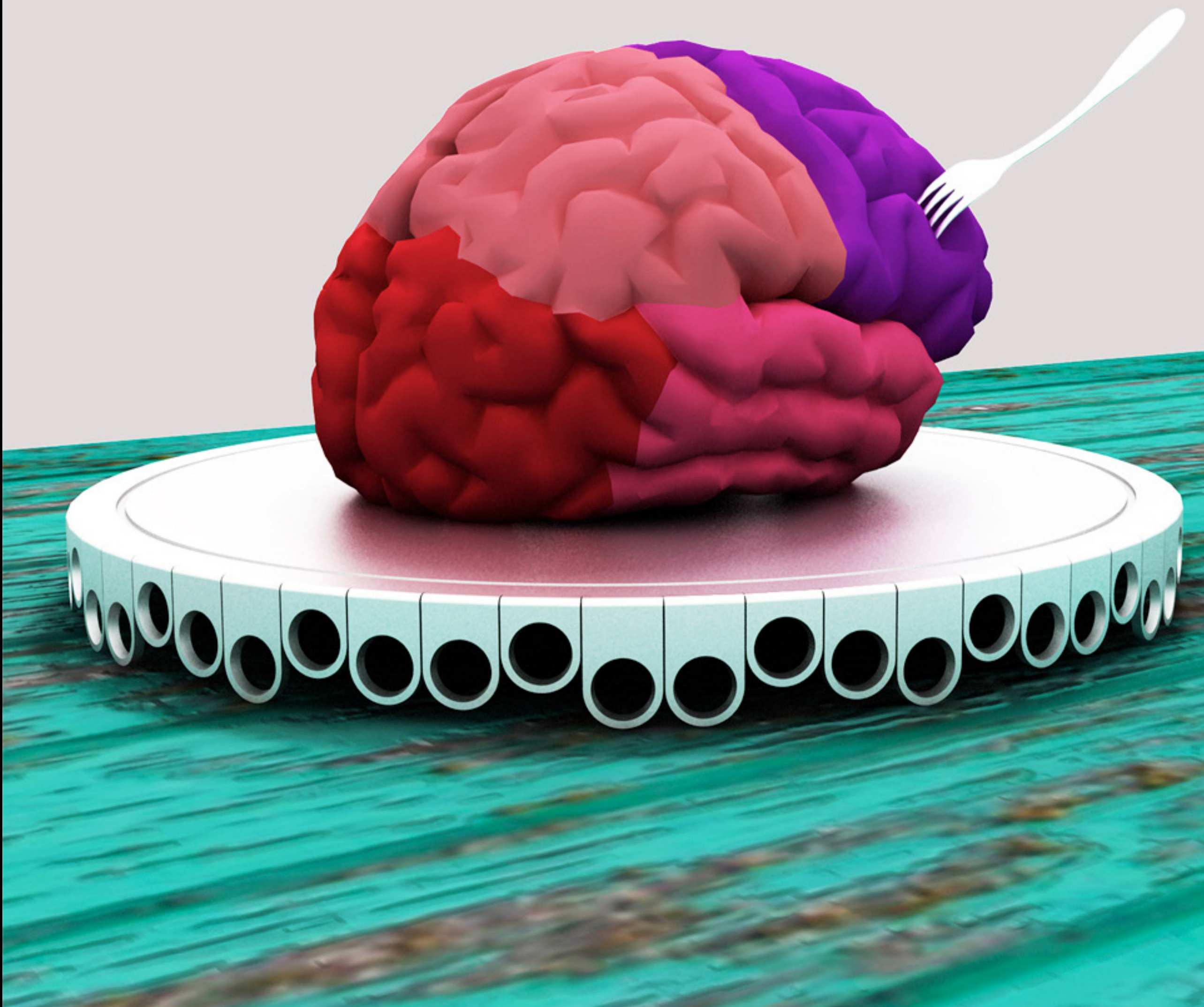


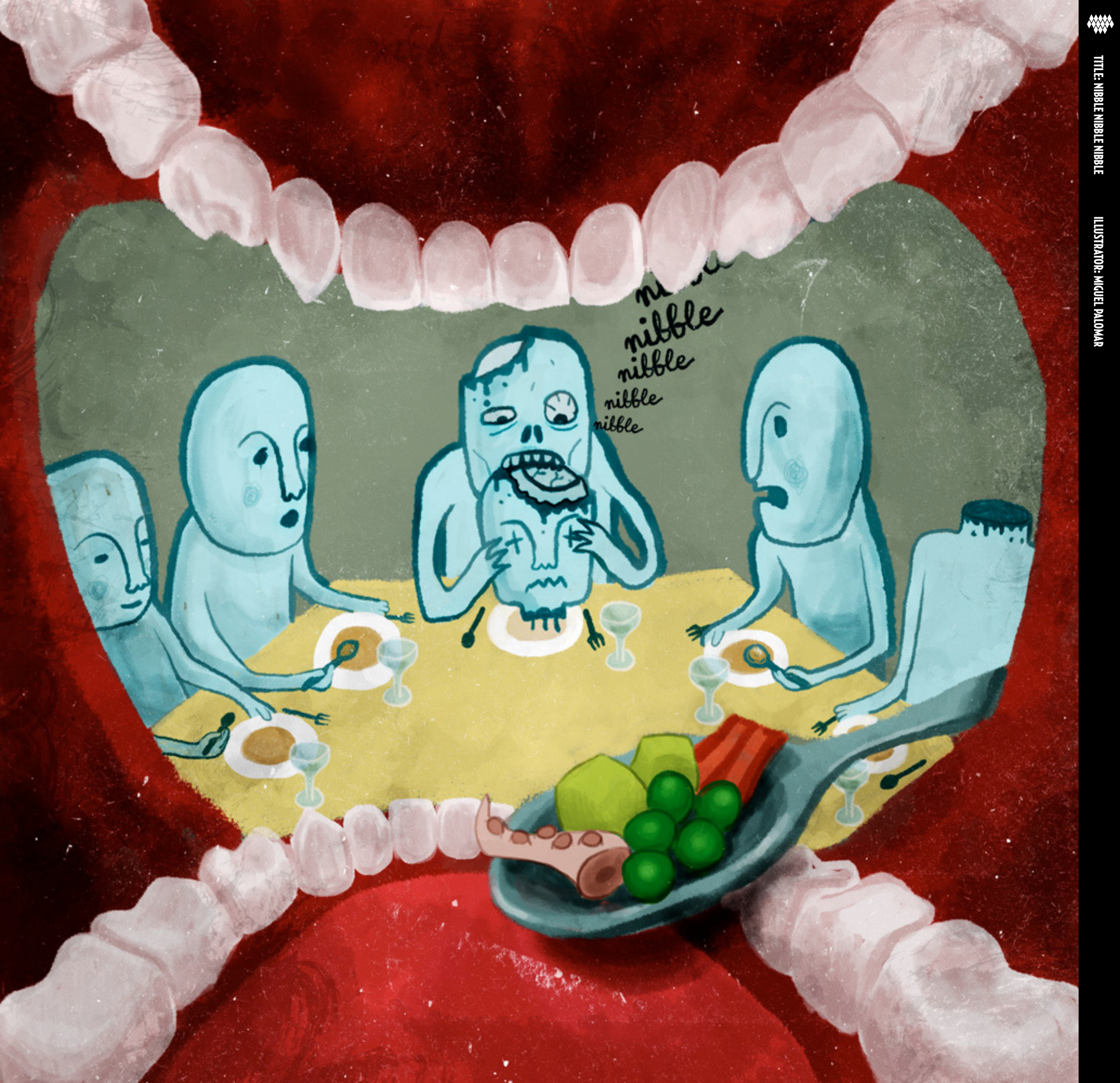
Hatred of Brussels sprouts is genetic. The gene, carried by 70% of us, make the brain detect bitter flavours



TITLE: BRAIN BANQUET

DESIGN: IRIA PRADO





nibble
nibble
nibble
nibble
nibble

